

## Helping Hands

*Fredericton Community & Charitable Event News*

August 3, 2010

Prepared by City of Fredericton Corporate Communications

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**frederictoninfo.ca**



For a list of community and charitable groups in Fredericton, visit [www.frederictoninfo.ca](http://www.frederictoninfo.ca).

### GENERAL NOTICES

#### John Howard Society of Fredericton Office Furniture Registry

The John Howard Society of Fredericton Inc. (JHSF) is moving to a new building this summer. The new set-up will allow the JHSF to continue the important work they already do and allow them to expand their programs and community support.

As a non-profit organization, their funding is pre-determined in their proposal, and thus is focused on capital costs. The offices now have to be furnished and the JHSF is hoping for assistance from the community.

From June 10 to August 31, 2010, anyone can visit Covey Basics at 896 Prospect Street and access the furniture registry to donate items to the JHSF. Alternatively, monetary donations towards the overall registry can also be made. Tax receipts will be provided. For more information please contact Valarie MacCullam at 450-2750.

#### Arthritis Awareness Month

The Arthritis Society, New Brunswick Division, will be conducting their 2nd Annual Door to Door campaign in September 2010, during Arthritis Awareness Month. Lots of rewarding volunteer opportunities are available during this campaign; you can help from the comfort of your own home! Help them help others. For more information, or to volunteer, please contact Karen Buchanan toll free, at 1-800-321-1433 or email [kbuchanan@nb.arthritis.ca](mailto:kbuchanan@nb.arthritis.ca).

### AUGUST EVENTS

#### Keswick Agricultural Fair, August 27-28

For 118 years, the Keswick Agricultural Fair was a pivotal annual event in this vibrant New Brunswick community. The year 2010 marks the revival of this historic tradition. On August 27 and 28, 2010, witness the past, present and future of a thriving agricultural community; where age-old tradition meets the 21<sup>st</sup> century in a celebration of family, community and just plain fun. Entry forms for competitions and a full schedule can be found at [www.keswickfair2010.ca](http://www.keswickfair2010.ca), or contact Anne Hunt at 363-3891 or [annehunt@unb.ca](mailto:annehunt@unb.ca).

#### Dine With the Dragons, August 28

Please join the Red Dragons Dragon Boat Team on August 28, 2010 for their Dine With the Dragons dinner. This is a very important fundraising event to help the team prepare for the McInnes Cooper Dragon Boat Festival in September, which supports both KidSport and NB Amateur Athletes.

The three course meal and silent auction will begin at 6:00pm at Saints John & Paul Church Hall in New Maryland and costs \$25.00 per person. For more information or to purchase at ticket, please contact Francis Perry at 459-5071 or [fperry@nbnet.nb.ca](mailto:fperry@nbnet.nb.ca).

## SEPTEMBER EVENTS

### **The 4<sup>th</sup> Annual Ladies Charity Golf Classic, September 9**

Save the date! The 4<sup>th</sup> Annual Ladies Charity Golf Classic will take place this year on Thursday, September 9, 2010 at Kingswood. The proceeds from this fundraising event will support the Chalmers Regional Hospital Foundation's "Your Health - Your Heart" campaign, which will provide new cardiac diagnostic equipment for our regional hospital. If you would like information, or to participate in the tournament, please call the Foundation Office at 452-5090.

### **McInnes Cooper Dragon Boat Festival, September 12**

The McInnes Cooper Dragon Boat Festival is a fundraising event hosted by Sport NB and the Canadian Sport Centre Atlantic to support both KidSport and NB Amateur Athletes in New Brunswick on September 12, 2010. The day includes races, food, performances on stage and sport demonstrations. Visit <http://www.sportnb.com> for more information.

### **20th Annual Harvest Jazz & Blues Festival, September 14-19**

On September 14 to 19, 2010, check out one of Canada's finest festivals! It's the East Coast's largest celebration of jazz, blues and world music with international performers and top regional acts. Expect gritty acoustic and electric blues, traditional and progressive jazz, rock, soul, Cajun/Zydeco and more. Venues include tents, theatres, national historic sites, closed streets, pubs and clubs in an historic downtown. Please call 1-888-622-5837 for more information.

### **Wellness and Health – Motivating Men for Change, September 17**

The Canadian Mental Health Association of the Fredericton and Oromocto Region will host a men's health conference on September 17, 2010 at the Fredericton Inn. This one-day conference will focus on the wellness and health of men and will be of interest to service providers, government, business, non-profits, the general public and, of course, all men! Register today by calling 458-1803, or contacting the conference by email at [cmhafojm@nb.aibn.com](mailto:cmhafojm@nb.aibn.com).

### **Celebrate 30 years of the Marathon of Hope, September 19**

This year marks the thirtieth anniversary of Terry Fox's Marathon of Hope with the goal of raising funds for cancer research. His goal was simple, raise one dollar per person across Canada. To date, close to \$500 million has been raised worldwide for cancer research in Terry's name through the annual Terry Fox Run, held across Canada and around the world. This year, the annual Terry Fox Run is taking place on September 19, 2010. For details and to register your group, phone 458-2618 or visit <http://www.terryfox.org>

### **Walter Gretzky CNIB Golf Classic Here, September 30**

Help CNIB raise over \$40,000 at the 5<sup>th</sup> Annual Walter Gretzky CNIB Golf Classic at Kingswood Golf & Country Club on September 30, 2010. CNIB provides community-based support, knowledge and a national voice to ensure Canadians who are blind or partially sighted have the confidence, skills and opportunities to fully participate in life. Register or become a sponsor today! For more information visit <http://www.cnib.ca/en/new-brunswick/events/> or contact David Kelly at [david.kelly@fredericton.ca](mailto:david.kelly@fredericton.ca) or at 458-8518.

## OCTOBER EVENTS

### ***Changing Minds* Education Program, October 19-20, 2010**

The Canadian Mental Health Association NB Division has planned five *Changing Minds* trainings for the fall. The training session in the Fredericton area will be held from October 19-20, 2010 at the Riverside Resort in Mactaquac. *Changing Minds* is an innovative, multi-use mental illness education program. It was created in order to address a community need for mental health education, stigma reduction and to promote a better understanding of mental health and mental illness. Information can be found on the Canadian Mental Health Association NB Division website at [www.nb.cmha.ca](http://www.nb.cmha.ca).

## NOVEMBER EVENTS

### **Kidney Foundation of Canada's Bowl for Research, November 13**

The Kidney Foundation of Canada's Fredericton Chapter is holding a Bowl for Research at Kingswood on Saturday, November 13, 2010 from 2-4 pm. It is a themed event and this year, bowlers are asked to come dressed as their favourite movie character! The foundation is looking for teams of 5 for the event as well as prizes, publicity, etc.

Bowlers are asked to collect pledges and they hope to raise \$10,000 for this event, to help fight kidney disease. In Canada, there are about 37,000 people on renal replacement therapy (dialysis or transplant). Each day, an average of 14 Canadians learn that their kidneys have failed. Research has been tremendously successful in prolonging and improving the lives of kidney patients. It brings hope!

Visit [www.kidney.ca](http://www.kidney.ca) for more information, or contact Tim Fox at 453-0533 or by email at [tim.fox@kidney.ca](mailto:tim.fox@kidney.ca).

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## "Helping Hands" Submissions

Community and charitable groups are welcome to submit information to be considered for inclusion in the Helping Hands newsletter. Send your information to [communications@fredericton.ca](mailto:communications@fredericton.ca).

*Note: "Helping Hands" is a collection of community and charitable events compiled once a month by the City of Fredericton Corporate Communications Division on behalf of those groups supplying the information. Corporate Communications is not responsible for any changes that may occur with events and recommends checking with organizers to verify dates and times, etc. Submissions may have been edited for length.*



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