

SJ Multicultural & Newcomers Resource Centre

The Saint John Multicultural & Newcomers Resource Centre provides employment-related counseling, referral information to other services and a variety of general services for newcomers, immigrants and the multicultural community.

Call Mary at 642-6464, 3rd Floor City Market.

TIES 2 Work

The Learning Exchange has a new program that matches an individual with an employer through 12 weeks of job specific essential skills training including 3 weeks job placement and upon successful completion leads to a job.

Call Claire at 648-0202, 162 Union Street.

FOR JOB SEEKERS WITH A DISABILITY

Canadian Council on Rehabilitation & Work: Partners for Workplace Inclusion

Provides employment counselling services for individuals with self-declared disabilities.

Call Laura at 635-2272, 61 Union Street, Suite 1320.

Key Industries

Provides services to individuals living with a disability including life skills, community involvement, work related activities, education, and support services.

Call Lois at 634-6888, 239 Charlotte Street.

Learning Disabilities Association—Saint John

Provides services for individuals with learning disabilities such as dyslexia.

Call Fabienne at 642-4956, 210 Wentworth Street.

Options Outreach Employment

Provides employment related services to individuals with disabilities.

Call Rhonda at 652-3977, 165 Union Street.

PILS (Programs on intensive life skills)

This program offers participants both knowledge and skills in the areas of self-esteem, assertiveness, emotion management and goal setting. It runs for three days a week for ten weeks.

Participants are referred by a mental health professional or a doctor.

Call 658-3737 for more information.

Saint John Association for Community Living

Helps individuals with an intellectual disability and multiple barriers to employment to develop the skills necessary to find and keep work.

Call Nora at 652-1544, 600 Main Street, Hilyard Place, Suite C203.

Supported Employment Services

Assists individuals in finding work and assessing their skills, attitudes, behaviors and interests relevant to work. The program provides vocational rehabilitation and/or other training and work opportunities. The goal is to assist mental health consumers in obtaining competitive jobs in the community.

Call Brian at 649-2759

Social Enterprise

Social enterprises are businesses run by mental health consumers. They provide part-time time employment for mental health consumers, and an opportunity to develop self esteem, social and leadership skills through direct participation in decision making relative to the business.

Call Brian at 649-2759

FINANCIAL ASSISTANCE

Planning your next steps

Move your life forward by exploring education, training, work and other supports including child care and transportation

Contact a Case Manager, 1 Agar Place.

For information on eligibility call Social Development at 1-866-441-4340.

Financial Assistance for education and training

Some education and training programs are free, others have a cost. Financial assistance may be available; check with the provincial department of Post-Secondary Education, Training and Labour.

Call Mike at 643-2073, 1 Agar Place.

SERVICES FOR YOUTH

Youth Choices

Provides personal, educational and career coaching services for youth aged 15-21 (with exceptions).

Call Mary at 634-0788, 13 Queen Square.

Teen Resource Centre

The TRC provides free services and programs to youth between the ages of 12-24 years of age in the areas of recreation, self-development, health & wellness and work readiness/life skills.

For help with resumes call Letti or Tara at 632-5765, 28 Richmond Street.



INFORMATION

Birth Certificate

Call Service New Brunswick at 658-2500, 15 King Square North.

SIN - Social Insurance Number

For Your Social Insurance number, apply at Service Canada. 1 Agar Place

Call 1-800-206-7218 (Option 3)

Community Information Centre / INFO-line.

INFOline helps you find information on services and programs in the Saint John Area.

Or visit the online **Community Services**

Database at www.saintjohninfo.ca

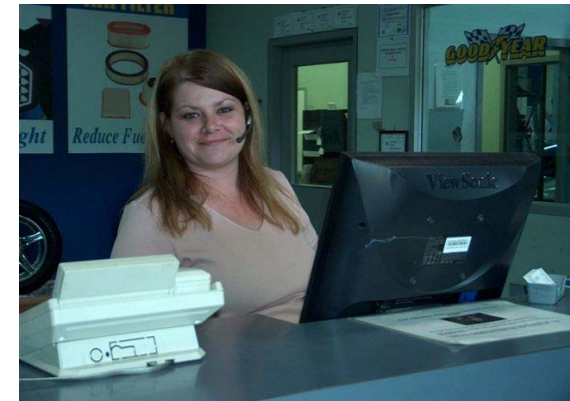
Call Chris at 633-INFO (4636). 3rd Floor City Market.

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Makin' it Work!



For information on education, training and employment services for adults and youth ...keep reading!

Find out about:

- Options for Education and Training
- Computer training
- Completing your resume
- Self-Esteem course
- Childcare supports
- Starting a Business

AND for information on other programs call INFO-line at 633-4636

Thinking about school or work?

Resources are available!



COMPUTER TRAINING

Access Centres

E-learning programs help you improve computer skills, learn software applications, and offer assistance with job search and resume writing. Centres are located in many neighbourhoods throughout Saint John and Kings County.

Contact Brenda at 333-5480 or brenda.wright@gnb.ca

Libraries

Offer computer access and computer tutorials. Look for a library branch near you.
Call the main branch at 643-7220, Market Square

YMCA-YWCA

Offers a variety of computer training courses including life skills modules such as resume writing, job search techniques, tracking your cash, building confidence and networking.
Call Julie at 634-4932, 130 Broadview Avenue.

IMPROVING READING, NUMERACY AND WORKING TOWARDS GED AND ACADEMIC UPGRADING

Community Adult Learning Centres

Programs help you improve reading, writing, and math skills. Centres offer free, small, self-paced classes from Monday to Friday. Centres are located in Saint John and Kings County.
Call Catherine at 658-6701 or Brenda at 333-5480

Saint John Learning Exchange

The Learning Exchange offers small and flexible classes with full or part-time hours. It assists with improving reading and writing skills, GED, TIES 2 Work, essential skills, employment, and self-development skills.
Call Claire at 648-0202, 162 Union Street

New Brunswick Community College

The Saint John Campus offers a daytime GED program and individual academic courses leading to an Adult High School Diploma or the credits needed for entrance to community college. Courses are also offered for free through online lessons and evening tutorial sessions (spaces are limited).
**Call 658-6600 for more information.
Call 658-6791 for scholarships and bursaries.**

READ Saint John

Provides private tutoring to improve literacy skills.
Call 633-2011, 116 Princess Street.

LEARNING LEADING TO NEW SKILLS

POWER-UP

A program guiding low income women to take a next step related to employment, training or education, identifying personal assets and increased community involvement.
Call Brenda at 642-9033, 116 Coburg Street, Community Health Centre.

PRUDE

Provides public Internet access, computer training, employment outreach to our multicultural communities as well as a training and development program for all women.
Call Judy at 634-3088, 3rd Floor City Market.

The Key to Well Being ... believing you can do it.

This six week program assists women in enhancing self-esteem and developing the self-confidence to take the next step towards personal growth.
Call Susan at 672-7451, 116 Coburg Street, Community Health Centre.

Women of Wisdom Group (WOW)

Women choose the topics they want to learn more about over a six week program, with weekly meetings. Examples of topics include relationships, stress management and making good decisions.
Call Robyn at 649-2580.

LOOKING FOR EMPLOYMENT

The Work Room, Career Resource Centres

For youth and adults seeking information on career choices, job preparation and post secondary education. There are four centres in Saint John, Kennebecasis Valley and Kings County.
Call 643-3330, or visit us on-line at www.careersthathwork.ca

Catch the Wave to Employment

Workshops to learn about your assets, current job opportunities and resources to assist in next steps.
Call Brenda at 642-9033 or Cathy at 832-5624.

Coverdale Center for Women

Provides self-help programs, residential services, counselling services and the Clothes Closet for women (business and casual clothing).
Call Trish at 634-1275, 148 Waterloo Street.

Job Bus Tour

Visit employers to learn about available jobs and their hiring criteria.
Call Cathy at 832-5624.

John Howard Society

Provides employment, training, educational opportunities and counselling services.
Call Paul at 657-5547, 68 Carleton Street.

Neighbourhood Assistants (NAs)

Residents from priority neighbourhoods (Crescent Valley, Lower West Side, Old North End, South End, and the Village) are hired for 15 hours a week to engage residents in improving their community. A training/mentoring component to the program ensures that NAs can build their own skills as well.
Call Colin at 608-0419.



Saint John Community Loan Fund

Provides small loans and training programs focusing on self-sufficiency. Training includes Money Matter\$ (basic money management), business training, youth entrepreneurship, and A\$SETS (saving money and gaining new skills). "Enterprising Women" is a new business development program to help launch and sustain a business.
Call Melanie or Alexandra at 652-5601, 133 Prince Edward Street.

Seeking Employment

Looking for employment? Ready to take the next step? The provincial department of Post-Secondary Education, Training and Labour can help. All stages of resume development.
Call Mike at 643-2073, 1 Agar Place.